## Awakening Joy Informed Consent Agreement

In joining an Awakening Joy Support Group I realize that I am solely responsible for any personal decisions or actions I take as a result of what I learn at the group and through attending the Awakening Joy sessions with James Baraz either in person or on-line. This course emphasizes accessing my own wisdom and I will not hold any other person, including my group leader, responsible for my decisions or actions.

I understand that I am under no obligation to engage in any techniques or exercises and if for any reason I think it is unwise to engage in such, I will not do so.

I also agree to hold what it said at meetings in complete confidentiality, will attend all meetings possible, and will let the group know when I need to be absent.

Group Leader's Name	Date	
Participant's Name – please print		
Participant's Signature	 Date	